

Allys Kindy @ One Mile

Newsletter

July

Directors Letter

Welcome to all of our families new and old,

Winter is upon us and with that children are coming in extra clothing. While our Teachers and Educators do everything possible to ensure that all children's belongings go home with them, can we please ensure that the clothing you are sending your child in is clearly named. This includes socks and shoes. Our Centre will be engaging in indoor/outdoor play on an afternoon during winter, this is to keep children who have not come with appropriate clothing (especially shoes and jumpers) and our diagnosed asthma children out of the cooler air of mid-late afternoon. This practice will continue through to spring. If your child has an Allergy or Asthma Action Plan please ensure the Centre has a current updated copy. Under our Medication Policy, to use Ventolin (blue puffer) we require a Asthma Action Plan or note from doctor with instructions of when and how to use the medication. All documents must have the doctor's details, signature and be within year of 2026 to be valid.

We will be sending out Prep Information Packs to Kindergarten Families in the coming weeks. In the pack contains information about local schools, how to prepare your child for school and tips on how to help make the first day of Prep a success. It is important for families to engage in conversations and enrolling their child for PREP at this time of the year as many schools are offering Prep information and transition days that can be beneficial to a successful first week/year at school. It also assists Miss Leeanne in preparation of your child's transition statement for your selected school.

A reminder to all families that all children need to be accompanied by an adult when they leave their rooms. No child should be unaccompanied in the hallway, foyer or front gated area.

If you have any enquiries or just need to have a chat, please do not hesitate to contact us, we are always here to help!

Donna

No Mobile Phones in the rooms

As part of our commitment to the Child Safe Standards, we kindly ask all parents and visitors to leave mobile phones in your bag or pocket whilst in our learning spaces- both indoor and outdoor.

Thank you for helping us create a safe and secure space for every child.



68 Woodford Street

One Mile, QLD 4305

info@allyskindy.com.au

www.allyskindy.com.au

PH: (07) 3282 8888

Upcoming Events

Wednesday 8th July

State of Origin G3

Come in your State of Origin colours for the last game!

Monday 13th July

Teddy Bear Picnic Day

Bring Teddy for a picnic at Kindy!

Friday 24th July

National PJ Day

Come to Kindy in your PJ's!

Pay fees easily by using Direct Debt!

Account Name: Betterchildcare

BSB: 084-917

Account Number: 79 33 86 301

Reference: Your account name

EFTPOS available onsite

Centre News

Educators have been taking advantage of our beautiful winter weather with more outdoor play for the children to enjoy! We ask families to ensure their child comes prepared with enclosed shoes, socks, jumper, hat and water bottle so they can have a lovely time outside during winter.

We had our annual DITTO personal safety show on Monday 15th June. This show teaches the children important personal safety messages including the right to feel safe with people, its OK to say NO if you feel unsafe or unsure and nothing is so yucky that you can't tell someone about it. The children had a great time, dancing and singing songs receiving important messages about personal safety.

The State of Origin battle is in full swing! With the Grand Finale around the corner what will happen next between the feud of Granny (blues) and Tilly (Maroons)??

Billy's Buddies comes to our Centre every Friday at 10:30am to teach children basic ball skills for children 2 and over. To register interest head to www.trl.com.au/billys-buddies

Staff Holidays

Some of our team will be taking a well-deserved holiday. Their positions will be filled in with the regular faces of our Allys Team. We hope everyone returns in good health and refreshed!

Miss Monica (Assistant, Nursery): 06/07/26– 10/07/26

Miss Leeanne (Teacher, Kindergarten): 13/07/26- 17/07/26

Miss Laura (Group Leader, Pre Kindy): 20/07/26- 24/07/26

Accounts

A friendly reminder to all families to keep accounts up to date.

If you are experiencing any difficulties please see our Director, Donna, or Account controller, Mim. **Failure to keep account up to date will see a reduction of days or cease of placement at the centre.**

Photo Day- August

Photo day will take place on Thursday 6th of August 2026 from 8:30am

We are partnering with a new photographer, Sam from Leisure Lane Photography.

Once registrations are open, you will receive info from our centre with links to register (Registrations close the day before photoday)

Quick links:

NO PRE-ORDERS NECESSARY!

Basic parent info: leisurelanephoto.com/kindy-photos-info

Pricing: leisurelanephoto.com/school-photography-pricing

What if my child doesn't usually attend on the day of the shoot?

That's absolutely fine!

We are more than happy for you to pop in on the day (usually between 8:30 and 9:30 am so you don't miss us!) to have their photo taken.

Upcoming NAIDOC Week

Here at Allys Kindy, we are continuing to celebrate our dedication to building stronger relationships and equality for all Australians with our Reconciliation Action Plan, embedding First nations peoples perspectives in our programs and daily routines. Look for NAIDOC week experiences from 6/07/26- 10/07/26!

Signing in and out

Remember to stay on top of one task as you walk through the foyer- **signing your child in and out!**

This is very important to remember, as Centrelink can reject continual staff sign in/out of child leaving you with full fees.

Having trouble with Xplor software? Talk to Tilly- Or email tilli@allyskindy.com.au It's that simple!

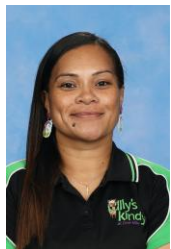


Photo Day!

Thursday 6th August

Educator Spotlight

Every monthly newsletter will feature an Educator Spotlight—Helping families to get to know our team.



Miss Monica

Room: Nursery, Assistant

Qualification: Cert III in Early Childhood

What motivated you to become apart of the childcare industry?

Being apart of children's milestones and watching them grow, blossom and achieve their goals. Being apart of children's growth makes me happy

Favourite place to be?

At the beach with family

Hobbies or interests?

I like playing sports; soccer, rugby, touch and netball. Going to the gym to keep my fitness up

Something you may not know about me...

I play recreational soccer

13 HEALTH

Call 13 43 25 84

A 24/7 service where you can ask to speak to a Child Health Nurse for child health and breastfeeding advice (6:30 AM to 11:00 PM daily).

Dear Parents, Take Care

Feature Article for Parent Wellbeing

As a parent it is natural to feel anxious, angry or stressed. After all, raising children is an important and demanding job.

These emotions are natural to feel and can be managed by the way you approach these situations. Relaxation exercises can be a huge help to ease these emotions. This includes taking deep breaths and slowly exhaling (3 times)

Activities like exercise and engaging with nature can improve your mental and physical self-care, loosening the mental demands of parenthood. 30mins a day of walking can greatly benefit your wellbeing.

Take a "Brain Break" for yourself and listen to some music or read a chapter from a book. Take a break from your phone and social media to give yourself a chance to rest, reset and rejuvenate.

Devise some self-care strategies. Think about some activities that you can do that will help you feel better in each of these areas of your life. Take small steps- you don't have to tackle everything all at once. Identify one small step you can take to begin caring for yourself better.

Engage and stay connected to friends, family and support networks. Feeling loneliness is common in new parents. Reaching out to family, connecting with friends or going to parent groups is extremely important for your mental health and feeling like you are being heard and acknowledged.

If you are feeling frustrated, overwhelmed or very angry, put your child in a safe place for example a cot or a bed. Take some time out until you feel calmer or ask someone else to look after your child for a while. It's OK to ask for help. If you are having trouble coping call your local parent line on 1300 30 1300

Dear Parents, take care of yourself. You are your child's first example of how to deal with life and its challenges. You are important. You are more than enough. You are loved.

Advertise your business here! Supporting our community



Policy Review

Inclusion, Diversity and Equity Policy and Procedure

Educators are asked to:

- Uphold a zero-tolerance approach to bias.
- Interact with all children and adults in a way that conveys mutual respect, equity and recognition of each other’s strengths and skill
- Consider all children’s social, cultural and linguistic diversity (including learning styles, abilities, disabilities, gender, family circumstances and geographic location) in curriculum decision-making processes and environments.
- Ensure children see their identities and cultures reflected in the service’s learning environment.

As part of enrolment terms and conditions, families are asked to:

- Ensure the safety, rights and best interests of children are paramount to all decision making and practices.
- Fulfil responsibilities under this policy and related legislative requirements.
- Understand that the service must take steps as required under legislative requirements and follow advice from recognised authorities.
- Participate in the review of documents and provide constructive feedback to the Nominated Supervisor or Approved Provider.
- Discuss any questions with the Nominated Supervisor or Responsible Person in charge.
- Show respect and kindness to all persons, regardless of their ability, background or culture.
- Work with educators and practitioners to implement the **National Best Practice Framework for Early Childhood Intervention** to support the inclusion and meaningful participation of children with developmental concerns, delay or disability and their families in all settings.



Article 23: Children with physical or mental disabilities have the right to special care, education, and training. It guarantees their right to lead full, independent lives, actively participate in their community, and maintain their dignity

The convention on the Rights of a Child is an important document at Ally's Kindy. Every month will feature an article to raise awareness about how adults and governments should work together to make sure that all children have access to all their rights.